

## Abbott Memorial Library

### Monthly Report for April 2016

Dennis Hurd of H & H Masonry in Brewer has been contacted regarding work on the flashing around the north chimney. He will contact me sometime around the middle of May and set up a time to do the work

The library's Skeleton Crew hosted "A Matter of Balance" to the public during April. The library trustees paid the \$10 fee for attendees making this a free program.. It was taught twice weekly for four weeks by Master Trainers from Community Fitness in Guilford. Each of the eight sessions was two hours in length, including a break for light refreshments. Early sessions focused on changing attitudes and self-efficacy before attempting changes in actual behavior. The exercise component, which began in the third session, takes about 30 minutes of the session to complete. Attendance was excellent with 19 people attending the eight sessions and completing the entire program.

The Adult Coloring Group continues to meet. Anywhere from 4 to 8 people show up weekly.

Book club members attended a showing of the film "This changes everything" in Dover on April 24<sup>th</sup> followed by a meeting on April 27<sup>th</sup> to discuss the book. Next book to be read is "Snowball Earth" by Gabrielle Walker

Our weekly story time program continues to meet on Fridays at 3:30 P.M.

Hilde has spent many hours last week, pruning, weeding and mulching the library's landscaping. The spring bulbs are blooming and the magnolias are flowering. The Library is looking very good.

Liz Breault

Librarian

